

St. Columba

Ecumenical Ministries, Inc.
Loaves & Fishes

Spring 2011

“do justice...love mercy...unto the least of these...” *Micah, Matthew*

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Margaret Nixon

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Baskets of Hope

St. Columba's Silent Auction and Benefit Dinner



Saturday, May 7, 2011 at Bayside Presbyterian Church
1400 Ewell Rd., Virginia Beach, VA 23455

Doors open and auction starts at 6:00 *Dinner will be served at 6:30
Auction concludes at 7:30 * Winners announced at 8:00

We are pleased to have **THE SOUNDS OF JOY** providing entertainment
at this event. You can visit their website at www.soundsofjoy.org.

Tickets are on sale at St Columba for \$20 a person.
Please call or visit our website for purchasing information.

All items available in this year's auction are presented in
"Baskets of Hope" and include, but are not limited to:

- ❖ Wine Basket
- ❖ Spa Basket
- ❖ Arts & Crafts Basket
- ❖ Going Green Basket
- ❖ Coffee Basket
- ❖ Chocolate Basket
- ❖ Fitness Basket
- ❖ Lottery Basket
- ❖ Books Basket
- ❖ Candle Basket
- ❖ Italian Pasta Basket
- ❖ Candy Basket
- ❖ Kitchen Basket
- ❖ Cat Lovers Basket
- ❖ Dog Lovers Basket
- ❖ Tea Basket
- ❖ Game Night Basket
- ❖ Gardening Basket
- ❖ Martini Basket
- ❖ Fisherman's Basket

Please visit our website at www.stcolumbaministries.com
to see a complete list and view pictures of many items.

DOUBLE YOUR DONATIONS

An anonymous donor has offered to match all profits from this year's
event! By contributing to this fundraiser you will help us double the
benefit to our agency and our clients! Please give generously!



DONATIONS FOR DECEMBER 2010 – FEBRUARY 2011

FINANCIAL

Bayside, Lafayette, Wycliffe, Second, Royster Memorial, Knox, Squires Presbyterian; Presbytery of Eastern Virginia; CFC, CCC, CVC, Enoch Baptist; Larchmont, Fairmount Park United Methodist, Sacred Heart Catholic; Church of the Epiphany; NAB Little Creek Chapel; SMOTJ; Warden Foundation; Sentara Foundation, Hampton Roads Community Foundation, Rite Aid Foundation; J. & M. Gray, E. Baise, A. & H. Jensen, J. Stokley, J. Lego, N. Bonney, T. D. Morrison, H. Plessinger, C. P. Miskill, P. Martin, J. Ramsey, B. Prince, E. & N. Pollock, J. Bashara, A. & S. McCall, J. & L. Greer, D. Gantley, V. Mastracco, J. & N. Morgan, S. Fudala, B. & G. Brenton, C. James, P. Lichtenstein, L. Ways, L. Mays, R. & M. Graham, T. & B. Smith, N. & P. Gillette, L. Foley, C. Patton, D. & P. Bowles, D. & M. Sorensen, A. & H. Rollins, M. Kitts, A. Seward, J. & M. Owen, G. & D. Neil, S. & W. Baker.

IN-KIND

Bayside, Royster Memorial, Wycliffe, Lafayette, Coleman Place, Calvin, Knox, Squires Memorial, Covenant, Grace Covenant, First, Second, Third Norfolk, Presbyterian; University Presbyterian Ministry; St. Stephens, Church of the Epiphany Episcopal; Norview, Fairmount Park, First; Ghent, Community United Methodist; Christ the King, Church of the Ascension, St. Pius X, Church of the Holy Family Catholic; Finding Refugee Ministry; Eternal Life Worship Center; Real Life Christian Church; Enoch, Second Calvary Baptist, Laurel Ave. Church of Christ, Gethsemane Community; Catholic Daughters; Secular Franciscan Order; Catholic Workers; Robert Pope DDS, Pizza Hut, Crossroad Lions Club, Plaza Bakery, Kentucky Fried Chicken, Hospitality for the Homeless, Hope House Thrift Store, Commandery of the Holy Isle, TDP, Norfolk Urban Outreach, ODU Exercise Science Club, Norview Civic League, Ghent Montessori School, Martin Hall Residents, B. Bertholf, the Hornick's, R. Hidalgo, C. Inman, J. Lego, J. Bashara, V. Armstrong, J. Birkel, T. Bonk, D. Stockburger, M. Blackwood, M. Ortiz, H. Plessinger, J. Stokley, T. Sandifer, J. Avera, S. Haugh, S. Baker, A. Powell, B. Dewey, Ms. Phillips, T. Rose, P. Pennigton, C. Robinson, L. Corner, G. Barlow, S. Jensen, I. Russell, B. Prince, Mr. Gray, J. Marasco, Birkel, B. Busey, C. Bayma, A. Taylor, B. Bertolino, D. Bonnewell, T. Baragona, K. Gandy, M. Guerra, M. Kidd, K. White, C. Spalding, S. Hicks, M. Allen, D. Gantley, L. Homzuck, the Wright's, T. Morrison, B. Ellis J. Ramsey, J. Douglas D. Williams, T. Lombardi.



If we have inadvertently omitted you, please call Alicia at (757) 627-6748.

Food Lion Supports St. Columba

The **Food Lion Charitable Foundation** recently made a donation to help us purchase food to keep our Food Pantry shelves stocked. This contribution was especially helpful during the holidays when we served over 200 families with holiday food baskets in addition to our regular food requests. Larger family sizes have required us to provide more food to those who come to us, depleting our supply more quickly than ever before. Food Lion's support ensures we don't have to turn people away because our shelves are empty.

In addition to the donation from Food Lion, their **Community Rewards** program allows everyday shoppers to support St. Columba simply by using their MVP Card. In order to sign up for this program, MVP customers need to register their card to our agency at foodlion.com and follow these simple steps: 1) Click on Community Outreach on the left side of the screen. 2) Click on the MVP Rewards tab. 3) Click Register Your Card. 4) Click the arrow that says Shoppers Register Here. 5) Enter your card number and additional information as requested. 6) Enter St. Columba's Organization Code: 252388 when prompted to support our agency. Make sure you present your MVP card every time you shop to save money and support St. Columba. Purchases of certain brands (a list is available on their website) earn points that will lead to a cash contribution to support our Food Pantry. Shop on the 10th of each month to earn double points on all Food Lion brand items. Supporting our Food Pantry has never been so easy!



Healthcare for the Homeless:

How St. Columba is working to expand the services available to homeless persons in our community

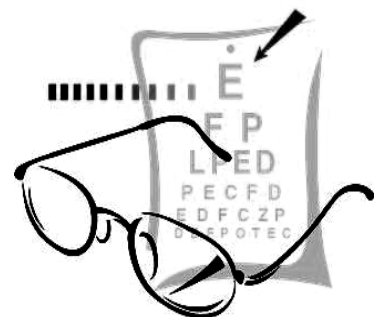
As a provider that regularly works with clients on the streets, we know the difficulties our guests have meeting their basic needs. Many come to us for food, showers and a clean change of clothing. As a member of the Healthcare Committee of the Norfolk Homeless Consortium we have witnessed the struggles clients are facing in getting assistance to meet basic health needs. While many homeless persons can be seen at local clinics or the emergency room, there are still gaps in resources. For instance, where do clients take prescriptions to get them filled when they leave the ER? If they have no income the \$4 generics offered by some pharmacies may as well be a thousand dollars; if you don't have it, you don't have it. The same for the discount cards for prescription assistance. Anything less than 100% savings is often unaffordable to our clients.



This is why the Prescription Medication Program was formed by St. Columba in the late 1990's. This program is available to homeless clients who are in need of assistance paying for prescriptions. Clients must be referred by a case manager who can provide documentation of their homeless status and lack of resources to fill the prescription on their own. Gaps in funding based on a high demand have strained this program, but we are happy to announce that we have recently received support from the Rite Aid Foundation and the Sentara

Foundation to supplement the original Human Services Grant. This increase in funding will allow us to help more homeless persons address their medical issues, combat acute illnesses, prevent the spread of infections to others and gain control over chronic conditions. All of this enables them to seek and maintain employment and take other steps to overcome their homelessness.

In addition to the Prescription Medication Program, we have recently received funding from an anonymous donor through the Hampton Roads Community Foundation for a Vision and Dental program. Although clients can go through the Lions Club to get glasses, they often have no way to pay for an eye exam and our program is established to fill that gap. We are working to partner with a local optometrist who has agreed to see clients in his office and provide them with a prescription that can be used to get glasses from the Lions Club.



The other part of the Vision and Dental program assists homeless individuals who have dental problems and need fillings or extractions. Although clients can receive assistance at local dental clinics, they are faced with a fee that they often cannot pay. We are working with these clinics to pay for dental work for homeless clients so they can address dental issues before they worsen and cause other problems. Through a partnership with the American Red Cross Norfolk Dental Clinic we will be able to address



emergency situations and a partnership with Old Dominion University's Dental Care Facility will allow us to connect homeless clients with dental hygiene to prevent future problems.

As with the Prescription program, the Vision and Dental program is open to homeless clients in Norfolk who are referred by their case manager and can verify their homelessness and need for services. One of the main goals of these programs is to allow access to all clients who are in need in our community, not just those who come into contact with St. Columba. In this way, we are able to help more clients take steps to end their homelessness.

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 www.stcolumbaministries.com

RETURN SERVICE REQUESTED

 * NON-PROFIT ORG *
 * U. S. POSTAGE *
 * PAID *
 * NORFOLK, VA *
 * PERMIT NO. 416 *

Save the date: May 7, 2011
 Baskets of Hope Silent Auction

SPRING 2011

St. Columba Special Needs

Our ministry has the same ongoing needs for items we use on a daily basis:

- Brown grocery bags
- Spray deodorant
- Liquid laundry detergent
- Travel size toothpaste
- Disinfectant spray
- Antibacterial hand sanitizer
- Paper towels
- Toilet paper
- Travel size lotion

Food Pantry Staples

Canned soups, canned fruits, canned vegetables, canned meat, rice, peanut butter, jelly, macaroni & cheese, pasta, pasta sauce, tuna, cereal, and ramen noodles.

Start Planning for School Supplies

We never have enough backpacks for all the students our School Supplies Program serves and we need your help! Please put **BACKPACKS** on your list and encourage your friends, family, church members and others to start collecting now!



Baskets of Hope:

St. Columba's Silent Auction and Benefit Dinner
 Saturday, May 7, 2011 * 6:00 PM * Bayside Presbyterian Church
 See page 1 for more information on items available, how you can support this year's fundraiser and ticket information.



Donations are accepted during normal business hours: Monday – Friday 8 AM to 4 PM.
 We regret that we are unable to provide pickup services for donations.